



Western Nebraska
Community College

Lifelong Learning



Family and Friends CPR

Attend any of the following Saturdays:

Sep 7, Oct 5, Nov 9, or Dec 7

9:00 a.m. - 12:00 p.m.

\$100 (cost covers up to 4 individuals)

Instructor: Sheila Clemens

To Register: 308.635.6700 or go.wncc.edu/lifelonglearning

Location: John N. Harms Center

In this class you will learn to perform Hands-Only CPR for an adult, child, and infant. Perform CPR with breaths for an adult, child, and infant. Learn basic first aid, choking rescue techniques, and use an AED when available for an adult, child, and infant who needs CPR.

This is a non-credentialled CPR course.